

Waxing Aftercare



Although we cannot predict or guarantee who may react, most clients do not experience reactions beyond redness and minor irritation. Following the aftercare guidelines is essential to help minimize and/or prevent irritation, possible break outs, unsightly ingrown hairs, bacterial infections, scarring, itching and having to resort to using antibiotics.

Don'ts

1. Do not heavy exercise for at least 24 hours after your waxing treatment. Sweat is a breeding ground for bacteria!
2. Do not have sun or sunbed exposure immediately after waxing; recently waxed areas are prone to sunburn and/or hyperpigmentation (permanent darkening of the skin). If sun exposure is unavoidable, wear sunscreen.
3. Do not touch the area with fingers for at least 48 hours after waxing to avoid cross infection
4. Wait at least 24 hours before you exfoliate, use harsh soaps or acid based products on freshly waxed skin.
5. No saunas, public pools, hot spas or hot showers for at least 48 hours afterwards.
6. Avoid wearing tight clothing on freshly waxed areas, for this may result in irritation and ingrown hairs.
7. BRAZILIAN CLIENTS ONLY: Avoid sexual activity for at least 24 hours after your waxing procedure.

Do's

Exfoliate: (Removes the dead skin cells to prevent ingrown hairs)

1. Exfoliate at least 2 to 3 times a week. The best way to exfoliate is to use a coarse dry body mitt on dry skin before showering. You do not need to do harsh scrubbing, just a gentle exfoliation.

Moisturize: (to keep skin nourished so hair can grow out onto the skin's surface)

1. This nourishes and protects the skin from excessive flaking or irritation.
2. This should be done every day..
3. Moisturizing with tea tree or lavender ingredient lotions has not only a soothing effect, but antibacterial effect as well.

Wax Regularly:

1. Routine waxing helps skin get accustomed to the procedure and may minimize skin irritation.
2. Routine waxing helps decrease hair growth and produce finer hair.

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